

MY WORK

4 POWERFUL QUESTIONS TO ASK ONESELF

Please take time and perform a sincere assessment of your current working situation.

Write your answers down.

- Do I get some **fun** from what I am doing?
- Do I **learn** something?
- Do I feel being **recognized** and **valued** by others?
- Do I feel that what I am doing has any **meaning**? Is in alignment with my **own values**?

Anything I want/need to change?

If yes, how can I change something in the situation?

